

## Massage Therapy Intake Form

Date: \_\_\_/\_\_\_/\_\_\_ Name: \_\_\_\_\_

Date of Birth: \_\_\_/\_\_\_/\_\_\_ Social Security Number: \_\_\_-\_\_\_-\_\_\_

Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_ Zip: \_\_\_\_\_

Home Phone #:(\_\_\_\_) \_\_\_-\_\_\_ Work#:(\_\_\_\_) \_\_\_-\_\_\_ Cell#:(\_\_\_\_) \_\_\_-\_\_\_

Occupation: \_\_\_\_\_ Referred by: \_\_\_\_\_

Have You Ever Received Massage Therapy:  YES  NO

Type of Massage Experienced:  Deep Tissue  Swedish  Other \_\_\_\_\_

Are You Taking Medication:  YES  NO If So, Describe: \_\_\_\_\_

Have You Consumed Alcohol in the Past 24 Hours?  YES  NO

Do You Have a History of the Following? (Please check all that apply)

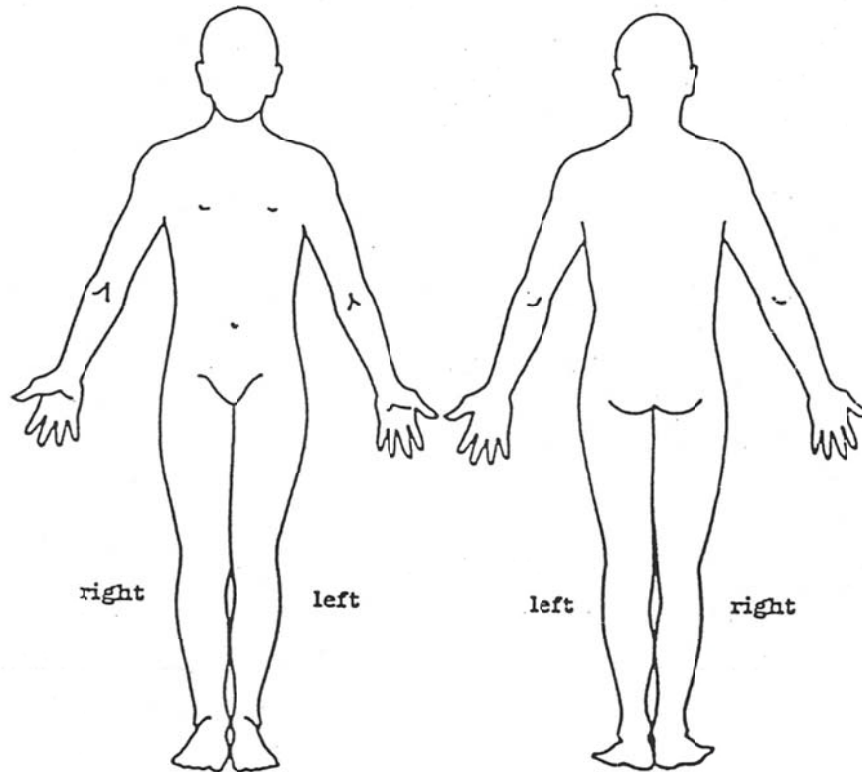
- |  |  |  |  |
|--|--|--|--|
| <input type="checkbox"/> Accident              | <input type="checkbox"/> Sprains         | <input type="checkbox"/> Fibromyalgia              | <input type="checkbox"/> Neck Pain     |
| <input type="checkbox"/> Seizures              | <input type="checkbox"/> Whiplash        | <input type="checkbox"/> Abdominal Pain            | <input type="checkbox"/> Diabetes      |
| <input type="checkbox"/> Headaches             | <input type="checkbox"/> Nervous Tension | <input type="checkbox"/> Varicose Veins            | <input type="checkbox"/> Disk Problems |
| <input type="checkbox"/> Arthritis/Bursitis    | <input type="checkbox"/> Mid Back Pain   | <input type="checkbox"/> Low Back Pain             | <input type="checkbox"/> Joint Ache    |
| <input type="checkbox"/> High Blood Pressure   | <input type="checkbox"/> Stroke          | <input type="checkbox"/> Heart Attack              | <input type="checkbox"/> Cancer        |
| <input type="checkbox"/> Allergies (Oils, etc. | <input type="checkbox"/> Wear Prosthesis | <input type="checkbox"/> HIV                       | <input type="checkbox"/> Surgery       |
| <input type="checkbox"/> Broken Bones          | <input type="checkbox"/> Wear Contacts   | <input type="checkbox"/> Decreased Range of Motion | <input type="checkbox"/> Colitis       |

Do You Have Any of the Following Today?

- |   |                                       |  |                                      |
|---|---------------------------------------|--|--------------------------------------|
| <input type="checkbox"/> Sunburn              | <input type="checkbox"/> Inflammation | <input type="checkbox"/> Open Cuts/Bruises/Burns | <input type="checkbox"/> Severe Pain |
| <input type="checkbox"/> Poison Ivy           | <input type="checkbox"/> Headache     | <input type="checkbox"/> Irritated Skin/Rash     | <input type="checkbox"/> Cold/Flu    |
| <input type="checkbox"/> Other: Explain _____ |                                       |  |                                      |

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Indicate with an "X" where it hurts most, "O" for mild pain



### CLIENT AGREEMENT

I understand that the massage/bodywork I receive is provided for the basic purpose of relaxation, stress reduction, relief of muscular tension, or therapeutic applications. If I experience any pain or discomfort during this session, I will immediately inform the practitioner so that the pressure and/or strokes may be adjusted to my level of comfort.

I further understand that massage/bodywork should not be construed as a substitute for medical examination, diagnosis, or treatment, and that I should see a physician, chiropractor, or other qualified medical specialist for any mental or physical ailment that I am aware of.

I understand that massage therapists are not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat any physical or mental illness, and that nothing said in the course of the session(s) given should be construed as such.

Because massage/bodywork is contraindicated (should not be done) under certain medical conditions, I affirm that I have stated all my known medical conditions, and answered all questions honestly. I agree to keep the practitioner updated as to any changes in my medical profile, and understand that there shall be no liability on the practitioner's part should I forget to do so.

It is also understood that any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of the session, and I will be liable for payment for the "full" scheduled appointment.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Practitioner: \_\_\_\_\_ Date: \_\_\_\_\_